Setronix desde 1966

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SECOND HALF | PREVENTION

NOISE AT WORK

PROTECT YOUR HEARING



Reduce noise at source and use the protection specified for the task.

1. Hazards and risks

Hazards: Machines, impacts and tools that generate noise.

Risks: Hearing loss, tinnitus and difficulty hearing warnings.

2. Before you start

- Check the exposure assessment and control measures.
- Check equipment and acoustic protection.
- Select and fit the specified hearing protection.

3. Stop and report

- Damaged or poorly fitting protection.
- Unusual noise or missing controls.
- Tinnitus or changes in hearing: report them.

4. What to do: four prevention steps

1 

Identify

Recognise noise sources.

2 

Reduce

Use the planned control measures.

3 

Fit

Wear protection correctly.

4 

Report

Report defects and symptoms.

5. Choose the right preventive measure

Situation	Preventive measure
At source	Choose quieter solutions and tools.
Organisation	Reduce exposure; keep uninvolved people away.
Hearing protection	Check suitability and compatibility with other PPE.
Communication	Make sure instructions and warnings can be heard.

Good practice: Exposure cannot be assessed by perceived loudness alone. Hearing protection supplements noise control; ordinary headphones are not PPE.

6. FORTNIGHTLY ACTION Check the condition and fit of your hearing protection before a noisy task. Report any unusual noise source.

REDUCE NOISE • FIT YOUR PROTECTION

DR: DL 182/2006 HSE: noise prevention