Setronix desde 1966

JULY
2027
WORKPLACE SAFETY CAMPAIGN



PSYCHOSOCIAL RISKS

Clarify priorities. Report difficulties at work.

1. Factors and effects

Risk factors: overload, conflicting priorities and lack of support.

Consequences: Stress, exhaustion and difficulty working safely.

2. Before you start

- Clarify goals, deadlines and priorities.
- Confirm available resources and support.
- Agree how to report obstacles.

3. Stop and report

- Demands incompatible with available resources.
- Fatigue compromises task safety.
- Conflict, violence or harassment: seek support.

4. Recognise difficulties and seek a solution

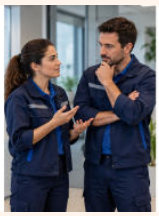
1



Identify

Describe the work difficulty.

2



Clarify

Confirm priorities and deadlines.

3



Agree measures

Review workload, resources and support.

4



Follow up

Check whether measures work.

5. Act on how work is organised

Situation	Preventive measure
Overload	Review task volume, resources and deadlines.
Conflicting instructions	Clarify priorities before continuing.
Lack of support	Define how to obtain help and follow-up.
Violence / harassment	Use applicable channels; preserve confidentiality.

Good practice: Prevention requires better working conditions and organisation. Listen without blame. Individual strategies do not replace these measures.

6. MONTHLY ACTION In a team discussion, identify one organisational difficulty and possible improvement. Protect privacy and follow up the agreed measure.

CLARIFY • COMMUNICATE • IMPROVE ORGANISATION

EU-OSHA: psychosocial risks EU-OSHA: stress prevention

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